

保健私房套餐(A) Unique Health Set

酥炸鲮鱼皮

(富含胶原蛋白)

Crispy Fish Skin with Angelica (Dang Gui) and Seven

Spices

(Rich in Collagen)

安神补脑汤 或 海底椰乌鸡汤

(安神补脑, 乌发)

(润肺养颜)

Double-boiled Chicken Feet with Black Bean and

Walnut Soup

(Soothes the Nerves and Provides Cerebral Nourishment)

OR

Double-boiled Black Chicken and Sea Coconut Soup

(Nourishes Lungs and Improves Skin Complexion)

极品辣椒鱼片 或 泡参姜葱鱼片

Braised Fish Fillet with Superior Spicy Sauce

OR

Stir-fried Fish Fillet in Ginseng with Ginger and Spring

Onion

奇味樱花鸡腿煲

(增强体力)

Claypot 'Sakura Chicken' Drumstick

(Improves and Builds Up Physical Strength)

脆丝蒜蓉芥兰

(清心火)

Kai Lan with Garlic

(Dispels Internal Heatiness and Heartburn)

白饭 或 养生五谷饭

Plain Rice or Assorted Five Nutrition Rice

桂花紫薯银耳(冷/热)

Double-boiled Osmanthus with Purple Sweet

Potato(Cold/Hot)

@\$38++ 每位/Per Person

(至少两位/Min. 2 Person)

养生私房套餐(B) Unique Health Set

养生双拼

洛神花渍雪梨 拼 香酥芝麻牛蒡

(解暑, 润燥, 清脂) (消肿毒)

Double Combination

Cold Marinated Snow Pear in Roselle Flower Sauce &

Crispy Burdock with Black and White Sesame

(Lower Heatiness, Hydrates Organs and Assists in Weight Reduction) &

(Dispels Blocked Wind Syndrome, Soothes Inflammations and Purges

Internal Toxins)

灵芝桂圆清鸡汤 或 苹果干贝软骨汤

(增强免疫力, 抗衰老)

(调理五脏亏虚, 除烦解渴)

Double-boiled Ganoderma and Dried Longan with

Chicken Soup

(Enhances Immune System and Prevents Premature Aging)

OR

Double-boiled Pork Ribs with Apple and Dried Scallop

Soup

(Supports in Regulating Deficiencies in The Main Organs and Relieves Tiredness)

咖喱虾煲 或 当归七味虾

Curry Prawn in Claypot

OR

Deep-fried Prawn with Angelica (Dang Gui) Seven

Spices

虫草花菇樱花鸡腿

(补肝肾, 养颜美肤)

Steamed 'Sakura Chicken' Drumstick with Cordyceps

Flower and Black Mushroom

(Nourishes the liver and kidney, and improves skin complexion)

竹笙松菇炭豆腐

(养颜)

Charcoal Bean Curd Braised with Bamboo Fungus and

Pine Mushrooms

(Improves Skin Complexion and Elasticity)

碧绿鹅肉鸳鸯饭

Spinach Sauce Fried Rice with Goose Meat and Crispy

Rice

百香果鲤鱼冻 拼 桂花芝麻软糕

Passion Fruit Jelly and Deep-fried Black Sesame Rice

Cake with Osmanthus Sugar

@\$58++ 每位/Per Person

(至少两位/Min. 2 Person)

凡点套餐包括中国茶, 小菜和湿纸巾
All Set Menu are including House Special Tea, Pickles & Wet Towels

营养会议套餐(C) Unique Health Set

营养双拼

甜根沙律茄子 拼 黑豆羊肉冻糕
(提高免疫力) (补血, 乌发, 益肾填精)

Double Combination

Deep-fried Eggplant and Chicken Floss with Beetroot Salad
& Chilled Lamb Jelly with Black Bean

(Enhances Immune Health Function)&(Regenerates blood, restores hair to its original dark color and improves male potency)

参竹燕窝蛋白

(富含维生素E)

Stir-fried Egg White and Bird Nest with Adenophora
Stricta and Odoratum

(Provides High Concentration of Vitamin-E)

参须枸杞炖鲍鱼 或 秘制山瑞汤

(恢复体力, 舒缓情绪) (补劳伤, 壮阳气, 大补阴之不足)

Double-boiled Abalone with Ginseng Soup
(Supports physical recovery function and calms anxiety)

OR

Double-boiled soft-shell turtle soup

(Supports physical recovery function and improves virility in both sexes)

香葱鲑鱼

(稳定情绪, 润发美肤)

Steamed Salmon Fish in Light Soya Sauce

(Calming to nerves and emotion, nourishes hair follicles and improves skin elasticity)

芹香鹅肉七巧面

Lacey Noodle with Goose Meat in Celery Sauce

黑金脆皮芋泥 拼 紫芋芒果班戟

Deep-fried Charcoal Skin wrapped with Yam Paste and
Pumpkin & Pumpkin & Purple Yam and Mango Pancake

@\$78++ 每位/Per Person
(至少两位/Min. 2 Person)

滋补会议套餐(D) Unique Health Set

滋补双拼

虫草花杏鲍菇 拼 当归七味银鱼
(美肤, 消斑, 抗衰老) (健脾)

Double Combination

Cold Marinated Sliced Oyster Mushroom with Cordyceps Flower &
Crispy Whitebait with Angelica (Dang Gui) and Seven Spices Powder

(Improves skin complexion, fades out pigment spots, and prevents premature aging)&(Nourishes the spleen and stomach)

沙参玉竹蛋白

(清热养阴)

Stir-fried Egg White with Adenophora Stricta and
Odoratum

(Improves Ferminine Wellness with Yin Cooling Effect)

益寿滋补佛跳墙

(补气血, 抗衰老, 降三高)

Double-boiled Nutritional Buddha Jump Over The Wall
(Nourishes Blood and Qi, Prevents Premature Aging, Lowers Blood Lipids and Cholesterol
Count Level)

芹香煎鳕鱼

Pan-fried Cod Fish with Celery Sauce

极品脆软骨

(胶原蛋白)

Crispy Ribs and Deep fried Bun with Superior Spicy
Sauce

(Rich in collagen)

泡参冰糖燕窝(冷/热) 拼 黑金脆皮芋泥

Bird Nest and Ginseng with Rock Sugar (Cold/Hot) &
Deep-fried Charcoal Skin wrapped with Yam Paste
and Pumpkin

@\$98++ 每位/Per Person
(至少两位/Min. 2 Person)

凡点套餐包括中国茶, 小菜和湿纸巾
All Set Menu are including House Special Tea, Pickles & Wet Towels

活力宴会套餐(E) Unique Health Set

活力三拼

洛神花渍雪梨, 紫米珍珠丸子, 当归七味鲮鱼皮
(解暑, 润燥, 清脂) (调理肠胃) (富含胶原蛋白)

Trio Combination

Cold Marinated Snow Pear in Roselle Flower Sauce,
Minced Pork Balls Wrapped in Purple Glutinous Rice &
Crispy Fish Skin with Angelica (Dang Gui) and Seven Spices
(Lower Heatiness, Hydrates Organs and Assists in Weight Reduction)
(Gastrointestinal Recuperation and Conditioning)& (Rich in Collagen)

沙参玉竹蛋白

(清热养阴)

Stir-fried Egg White with Adenophora Stricta and

Odoratum

(Improves Feminine Wellness with Yin Cooling Effect)

金笋三宝海味羹

(益气血, 养颜美容)

Shredded Seafood with Mushroom & Bamboo Fungus

in Mashed Carrot Thick Soup

(Improves Energy and Blood Flow and Skin Complexion)

桂香一品卤鹅

Stewed Goose

蒜蓉虾仁娃娃菜

(通肠胃, 助消化)

Braised Baby Cabbage with Shrimp and Minced Garlic

(Aids digestive system and bile function)

万紫千红豆腐

(抗氧化, 补钙)

Homemade Bean Curd in Two Flavors

(Reduces Free Radicals and Replenishes Calcium Loss)

极品酱三文鱼炒饭

Fried Rice with Salmon in Superior Chili Sauce

枇杷雪蛤豆花 拼 桂花芝麻软糕

Homemade Bean Curd with Hasma & Deep-fried Black
Sesame Rice Cake with Osmanthus Sugar

@\$68++ 每位/Per Person

(至少四位/Min. 4 Person)

元气宴会套餐(F) Unique Health Set

元气三拼

苦菊冰藻拌海蜇, 香酥芝麻牛蒡, 当归七味银鱼
(排毒, 降火, 富含胶原蛋白) (消肿毒) (健脾)

Trio Combination

Cold Marinated Jellyfish with Seaweed and Yellow Frizzle,
Crispy Burdock with Black and White Sesame &
Crispy Whitebait with Angelica (Dang Gui) and Seven Spices Powder
(Beautifies skin and has anti-aging benefits) (Dispels Blocked Wind Syndrome, Soothes
Inflammations and Purges Internal Toxins)& (Nourishes the spleen and stomach)

参竹燕窝蛋白

(富含维生素E)

Stir-fried Egg White and Bird Nest with Adenophora

Stricta and Odoratum

(Provides High Concentration of Vitamin-E)

花胶虫草花大骨汤 或 药膳炖乳鸽汤

(滋补肝肾, 养颜益寿)

(补肝肾, 益气血, 延年益寿)

Double-boiled Ribs Soup with Fish Maw and Cordyceps

Flower

(Nourishes The Liver and Kidney, Improves Skin Complexion and Extends Longevity)

Double-boiled Pigeon with Herbal Soup

(Fortifies Liver and Kidney, Rejuvenates Qi and Blood in The Body, Overall Well Being)

黑蒜酱鳕鱼

(抗氧化)

Deep-fried Cod Fish with Black Garlic Sauce

(Reduces free radicals)

海参北芪人参鸭

(行气, 养血)

Braised Duck with Sea Cucumber, Ginseng and

Milkvetch Root

(Improves Energy Flow and Nourishes Blood)

红枣天麻鲍贝

(改善贫血, 焦虑)

Pacific Clams with Gastrodia Elata and Red Dates
(Alleviates anaemic symptoms and relieves anxiety)

香煎海鲜面线

Wok-fried Mee Suah with Seafood

川贝炖雪梨(冷/热) 拼 黑金脆皮芋泥

Double-boiled Snow Pear with Chuan Bei (Cold/Hot) &
Deep-fried Charcoal Skin wrapped with Yam Paste
and Pumpkin

@\$88++ 每位/Per Person

(至少四位/Min. 4 Person)

凡点套餐包括中国茶, 小菜和湿纸巾

All Set Menu are including House Special Tea, Pickles & Wet Towels